
Cha Cha Mixer

40 Count / Partner Mixer dance

Choreographer Kaylaa Fox

Music: I'm Not Strong Enough To Say No von Blackhawk
Alternativer Tanzvorschlag:
Lie before you Leave von Montgomery Gentry

Closed position

- 1-2 MAN: Step forward and rock onto left foot, step back onto right foot in place
LADY: Step back and rock onto right foot, step forward onto left foot in place
- 3&4 MAN: Cha-cha in place (left-right-left)
LADY: Cha-cha in place (right-left-right)
- 5-6 MAN: Step back and rock onto right foot, step forward onto left foot in place
LADY: Step forward and rock onto left foot, step back onto right foot in place
- 7&8 MAN: Cha-cha in place (right-left-right)
LADY: Cha-cha in place (left-right-left)

Release man's right and lady's left hand to open single hand hold position

CROSSOVER BREAK, PIVOT TURN

- 1-2 MAN: Cross left foot over right and step, step back onto right foot in place
LADY: Cross right foot over left and step, step back onto left foot in place
- 3&4 MAN: Cha-cha in place (left-right-left)
LADY: Cha-cha in place (right-left-right)
/Release all hands
- 5-6 MAN: Cross right foot over left making a 1/4 turn to the left with the step, unwind 1/2 turn to the left
LADY: Cross left foot over right making a 1/4 turn to the right with the step, unwind 1/2 turn to the right
- 7&8 MAN: Cha-cha in place (right-left-right) making a 1/4 left turn on these steps
LADY: Cha-cha in place (left-right-left) making a 1/4 right turn on these steps

Man and lady return to face each other. Man faces OLOD and lady faces ILOD. Do not rejoin hands.

PROGRESSIVE ROCK STEPS, CHA-CHA

- 1-2 MAN: Step forward and rock onto left foot, step back onto right foot in place
LADY: Step back and rock onto right foot, step forward onto left foot in place
- 3&4 MAN: Cha-cha backward (left-right-left)
LADY: Cha-cha forward (right-left-right)
- 5-6 MAN: Step back and rock onto right foot, step forward onto left in place
LADY: Step forward and rock onto left foot, step back onto right foot in place
- 7&8 MAN: Cha-cha forward (right-left-right)
LADY: Cha-cha backward (left-right-left)

CHASE, TURN, CHA-CHA

- 1-2 MAN: Step forward on left foot and pivot 1/2 turn to the right on ball of foot, step forward on right foot
LADY: Step back and rock onto right foot, step forward onto left foot in place
- 3&4 MAN: Cha-cha forward (left-right-left)
LADY: Cha-cha forward (right-left-right)
- 5-6 MAN: Step forward on right foot and pivot 1/2 turn to the left on ball of foot, step forward on left foot
LADY: Step forward on left foot and pivot 1/2 turn to the right on ball of foot, step forward on right foot
- 7&8 MAN: Cha-cha forward (right-left-right)
LADY: Cha-cha forward (left-right-left)

MAN PROGRESSES TO NEW PARTNER

- 1-2 MAN: Step to the left on left foot making a 1/4 turn to the left with the step towards LOD, step forward on right
LADY: Step forward on right foot and pivot 1/2 turn on ball of right foot, step forward on left foot
- 3&4 MAN: Cha-cha forward (left-right-left)
LADY: Cha-cha forward (right-left-right)
- 5-6 MAN: Step to the right on right foot making a 1/4 turn to the right with the step, step forward on left foot
LADY: Step left foot in place, step right foot in place
- 7&8 MAN: Cha-cha in place (right-left-right) and go to a closed position with the next lady
LADY: Cha-cha in place (left-right-left) and go to a closed position with the next man

On counts 7&8, lady may execute a full to the left turn in place.

Repeat again! ☺